



## **Competitions 2022**

### **All competitions are in person!**

**Regional: Rutgers Camden**

Saturday, February 25<sup>th</sup>, 2023

**Regional: Monmouth University**

Saturday, March 4<sup>th</sup>, 2023

**Regional: Seton Hall University**

Saturday, March 18<sup>th</sup>, 2023

**State Competition: William Paterson**

Saturday, May 6<sup>th</sup>, 2023




# **New Jersey History Day** *research, creativity, and fun!*




## **What is New Jersey History Day?**

New Jersey History Day is the New Jersey affiliate of National History Day, a year-long academic program focused on historical research, interpretation, and creative expression for 6th- to 12th-grade students. By participating in NHD, students become writers, filmmakers, web designers, playwrights and artists as they create unique contemporary expressions of history. The experience culminates in a series of contests at the local and affiliate levels and an annual national competition in the nation's capital in June.

For more info, contact [NJHistoryDay@wpunj.edu](mailto:NJHistoryDay@wpunj.edu) and don't forget to follow us on social media!

 @NewJerseyNHD

 @NJNHDay

 @NJNHD

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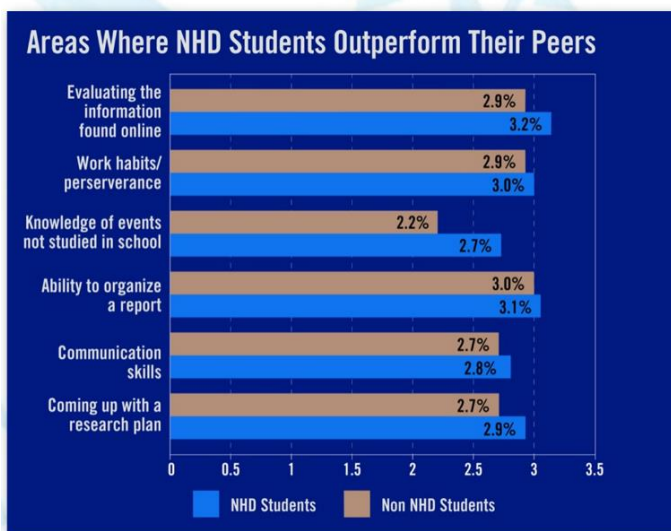
# NHD 2023 THEME



Every year National History Day® frames students' research within a historical theme. The theme is chosen for the broad application to world, national, or state history and its relevance to ancient history or to the more recent past. The 2022-2023 theme is **Frontiers in History.**

## Why NHD?

An independent study from 2011 found that participation in the National History Day Contest benefits students far beyond the competition. National History Day not only transports classrooms back in time during the school year, it transforms young minds forever.



They also outperform their non NHD peers on state standardized tests in multiple subjects, including reading, science and math, as well as social studies.

NHD students learn 21st century college- and career-ready skills. They learn to collaborate with team members, talk to experts, manage their time and persevere.

