Deleting Media Cache Files for Premiere Pro

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					56	lect Startu	p Disk on Desktop	បឝ៲
						All My File	S	☆ ₩F
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1. After opening a Finder Window, navigate to the "Go" Dropdown

2. When holding down the "Option" key down on the keyboard another menu tab will appear called "Library".

Finder Fi	le Edit	View	Go	Window	Help	
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				All My Files	3	☆ ℋF
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orites	Name	Date Modified	Size
All My Files	Accounts	Sep 3, 2015, 2:22 PM	
	Application Support	Dec 9, 2015, 3:13 PM	
	Assistants	Oct 1, 2014, 4:15 PM	
Applications	🕨 📄 Audio	Dec 10, 2014, 1:00 PM	
Desktop	Autosave Information	Apr 10, 2015, 10:39 AM	
Deverte e de	Caches	Today, 9:11 AM	
Downloads	Calendars	Nov 17, 2015, 2:42 PM	
Movies	ColorPickers	Oct 1, 2014, 4:15 PM	
Music	Colors	Oct 1, 2014, 4:15 PM	
-	ColorSync	Oct 13, 2014, 2:09 PM	
] Pictures	com.apple.nsurlsessiond	Today, 8:53 AM	
AirDrop	Compositions	Oct 1, 2014, 4:15 PM	
	Containers	Jan 5, 2016, 5:11 PM	
ces	Cookies	Today, 8:59 AM	
B139C-1THFY14	Dictionaries	Jan 29, 2015, 10:03 AM	
Remote Disc	Favorites	Oct 1, 2014, 4:15 PM	
	FontCollections	Nov 17. 2015. 2:44 PM	
red			

3. A Finder window will open. Navigate to the "Application Support" option and open it

4. Now, navigate to the "Adobe" folder.

	Name	Date Modified	Size
Files	▶ 📄 AddressBook	Sep 3, 2015, 2:22 PM	
Drive	Adobe	Nov 5, 2015, 3:41 PM	
Drive	AdobeWLCMCache.dat	Nov 4, 2015, 3:00 PM	34 bytes
ations	Aperture	Oct 8, 2014, 7:06 PM	
an	🕨 🚞 Avid	Sep 18, 2015, 9:53 AM	
	CallHistoryDB	Jul 22, 2015, 9:11 AM	
oads	CallHistoryTransactions	Jul 22, 2015, 9:11 AM	
S	CloudDocs	Jul 22, 2015, 9:11 AM	
	com.apple.QuickLook	Jan 15, 2015, 7:53 PM	
	com.apple.spotlight	Dec 9, 2015, 3:13 PM	
es	com.apple.spotlight.Shortcuts	Dec 9, 2015, 3:13 PM	4 KB
p	com.apple.TCC	Apr 23, 2015, 12:22 PM	
	Compressor	Oct 29, 2014, 5:17 PM	
	CrashReporter	Today, 8:56 AM	
C-1THFY14	Dock	Jan 6, 2016, 8:25 AM	
e Disc	DVD Player	Nov 5, 2015, 4:17 PM	
0 0100	eSellerate	Jul 23. 2015. 1:43 PM	

1 of 31 selected, 1.42 GB available

5. Now, navigate to the "Common" folder

tes	Name	Date Modified	Size	Kind
All My Files	AAMUpdater	Oct 1, 2014, 4:17 PM		Folde
Cloud Drive	Adobe Illustrator 19	Nov 4, 2015, 3:00 PM		Folde
Cloud Drive	Adobe PDF	Oct 13, 2014, 2:09 PM		Folde
Applications	Adobe Photoshop CC 2015	Nov 5, 2015, 3:54 PM		Folde
Desktop	Bridge CC	Oct 29, 2015, 3:21 PM		Folde
Devente e de	CameraRaw	Oct 22, 2015, 3:57 PM		Folde
Jownloads	🕨 🚞 Color	Oct 13, 2014, 2:09 PM		Folde
Movies	Common	Oct 29, 2015, 2:19 PM		Folde
Music	Creative Cloud Libraries	Oct 22, 2015, 3:36 PM		Folde
	CS6ServiceManager	Oct 13, 2014, 2:09 PM		Folde
Pictures	dynamiclinkmediaserver	Oct 22, 2015, 3:57 PM		Folde
AirDrop	🕨 🚞 Fonts	Nov 4, 2015, 3:00 PM		Folde
	Linguistics	Nov 4, 2015, 3:00 PM		Folde
IS	LogTransport2CC	Jan 29, 2015, 10:05 AM		Folde
HB139C-1THFY14	OOBE	Dec 15, 2015, 3:15 PM		Folde
Remote Disc	Premiere Pro	Jul 29, 2015, 11:26 AM		Folde
	🕨 🚞 Sonar	Jan 29, 2015, 10:05 AM		Folde
ł	E XMP	Oct 22, 2015, 3:57 PM		Folde
AII				

6. Now, select the "Media Cache" and the "Media Cache Files" and drag the folders into the Trash Bin.

$\langle \rangle$			Q Search
Favorites	Name	Date Modified	Size Kind
All My Files	Anywhere Cache	Jul 29, 2015, 12:02 PM	Folder
	🕨 🖿 Media Cache	Yesterday, 12:14 PM	Folder
	🕨 🛅 Media Cache Files	Yesterday, 12:14 PM	Folder
Applications	MediaCoreQTCodecRulesCC 2014.xml	Oct 29, 2015, 2:19 PM	41 KB XML to
Desktop	MediaCoreQTCodecRulesCC 2015.xml	Jul 29, 2015, 11:26 AM	44 KB XML to
Downloada	MediaCoreQTCodecRulesCS6.xml	Nov 13, 2014, 11:26 AM	41 KB XML te
Downloads	🕨 🚞 PTX	Jan 5, 2016, 5:13 PM	Folder
Movies			
Music			
© Pictures			
(AirDrop			
Devices			
💻 HB139C-1THFY14			
Remote Disc			
0			
Shared			
All			
Tags			
	2 of 7 selected, 1.41 GB ava	ailable	